

INSTRUCTIONS TO COMPLETE SAFE SPORT EDUCATION TRAINING

Dear Athletes and Parents,

We are asking you to take the Safe Sport Training Course for athletes and parents. Athletes need to take the "Safe Sport for Athletes" course and parents need to take "Parent's Guide to Misconduct in Sport" course. The whole process takes 15-20 minutes, and it is free. These classes are required for the team to become Safe Sport Recognized and it is very important to our team. Please help us become a Safe Sport Recognized Team.

1. Go to <https://learn.usaswimming.org>
2. Click on either "LOGIN" or "REGISTER"
3. If you are a USA Swimming member (athlete or official), click on "START".
 - Scroll down and enter your first name, last name, and date of birth, then click "search".
 - Your name and club code will appear below the search button. Click "Continue". That will bring you to the ATHLETE PROTECTION TRAINING portal. Click "START".
 - You may be asked to update your profile (enter your email, LSC and club name).
 - You will be told your profile has been updated and you may move to other pages. Look at the bar at the top of the screen: Select "COURSES".
4. If you are an athlete, under "Safe Sport for Athletes" click "ADD TO CART"
 - If you are a non-member (parent), click on "CREATE ACCOUNT".
 - Click "REGISTER" The site will welcome you and tell you that you have not started any courses. Click "COURSES" You will see several courses available.
 - If you are a parent, under "Parent's Guide to Misconduct in Sport" click "ADD TO CART".
 - It will display a checkmark and say, "IN CART".
 - Click on the shopping cart at the top righthand of the screen and "CHECKOUT".
 - You will be required to enter your name and address, but NOT billing information.

- There is no charge. Click "Next Step". On the next screen, click "Place Order".
 - Now go to "DASHBOARD" and "START" your course.
 - Click "Next" to proceed from segment to segment. The course takes about 10 minutes.
5. Answer the Course Evaluation at the end. Click "SUBMIT" and you will receive a congratulatory message, indicating that you have completed the Safe Sport course.
 6. You are encouraged to (but not required to) take additional courses. Athletes 18 and over must take the Athlete Protection Training in order to be a USA Member.
 7. Most importantly, remember what you have learned, and make sure to speak up if you ever hear or see anything that breaks the rules you have just learned.
 8. If you have any questions, contact Scott Roberts at scotty.roberts@nationalsoccer.com or contact USA Swimming Safe Sport at safesport@usaswimming.org.